

## RULES AND GUIDELINES

1. All members and guests are required to check in at the Member Services desk.
2. All members must scan their member card upon the arrival for each visit. Your photo will be taken for member identification purposes. The membership cards are nontransferable and are to be used only by the assigned member.
3. DCFL is not responsible for lost or stolen items. All personal property and valuables should be kept in a locker.
4. Return weights and other equipment to their safe and designated places.
5. Be willing to share equipment and machines "take turns".
6. Equipment may not be reserved. Remove all belongings from mat tables and other equipment when not in use.
7. Members should use the equipment wipes to clean equipment after use.
8. Complimentary lockers are available in each locker room for daily use. Locker keys must be returned to the corresponding lock before leaving.
9. Closed top, non-breakable bottles are the only beverage containers permitted in the fitness areas. All other food or beverages must remain in the lobby area.
10. Shoes must be worn at all times throughout the facility with the exception of some classes, locker rooms and the wet area. Athletic shoes are recommended. Sandals and open-toed shoes are not permitted.
11. Maintain comfort with clothes that offer flexibility, but are not too revealing when performing various exercises.
12. Please do not talk on cellphones while on the fitness floor. Facetime in the facility is not permitted.
13. Do not wear scented fragrances, including but not limited to perfume, lotions, and cologne, while in the facility. Scented fragrances can trigger respiratory problems for those with COPD, allergies, asthma and other pulmonary disorders.
14. Do not enter the group exercise studio when classes are in session.
15. All members, guests and staff are expected to treat others with respect and courtesy.
16. Behavior that detracts or interferes with the safety or enjoyment of others, such as profanity, aggression and/or general rudeness, will not be tolerated.
17. Galloway Ridge and Duke Center for Living at Fearington are designated as tobacco-free. Smoking or the use of any other tobacco products is strictly prohibited. In addition, alcohol or drugs are not permitted on the DCFL premises. Management reserves the right to remove any member or guest who is under the influence of alcohol or drugs.
18. Personal trainers, coaches, instructors or fitness consultants who are not employed or retained by the Duke Center for Living are strictly prohibited from performing services for members or guests at DCFL.



## Duke Center for Living at Fearington

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[DukeFitnessFearington.com](http://DukeFitnessFearington.com)